What is claimed is:

- 1. A clothing protector comprising
- a. a sleeveless-shirt-like member made of flexible material having a front surface and a rear surface, the front and rear surfaces being permanently attached at a first shoulder and a first side; and
- b. the front and back surfaces each having a second shoulder piece and a second side piece, each second shoulder piece and second side piece having an attachment means for detachably connecting the second shoulder pieces and second side pieces.
- 2. The clothing protector of claim 1 further comprising fabric tape sewn to the edges of the clothing protector.
- 3. The clothing protector of claim 1 wherein the attachment means comprises Velcro hook and loop tape.
- 4. The clothing protector of claim 1 wherein the flexible material comprises two layers.
- 5. The clothing protector of claim 4, wherein one layer of the flexible material is decorative print material and the other is solid color.
- 6. The clothing protector of claim 1 wherein the flexible material is water-resistant nylon.
- 7. A method of protecting a baby's clothing from food, the method comprising
 - a. providing the clothing protector of claim 1;
 - b. placing a child's arm through the premade armhole;

- c. applying one side to the child's back and the other side to the child's front, so as to bring a closable shoulder and side into close approximation,;
 - d. closing the open shoulder; and
 - e. closing the open side,

whereby both arms are free.